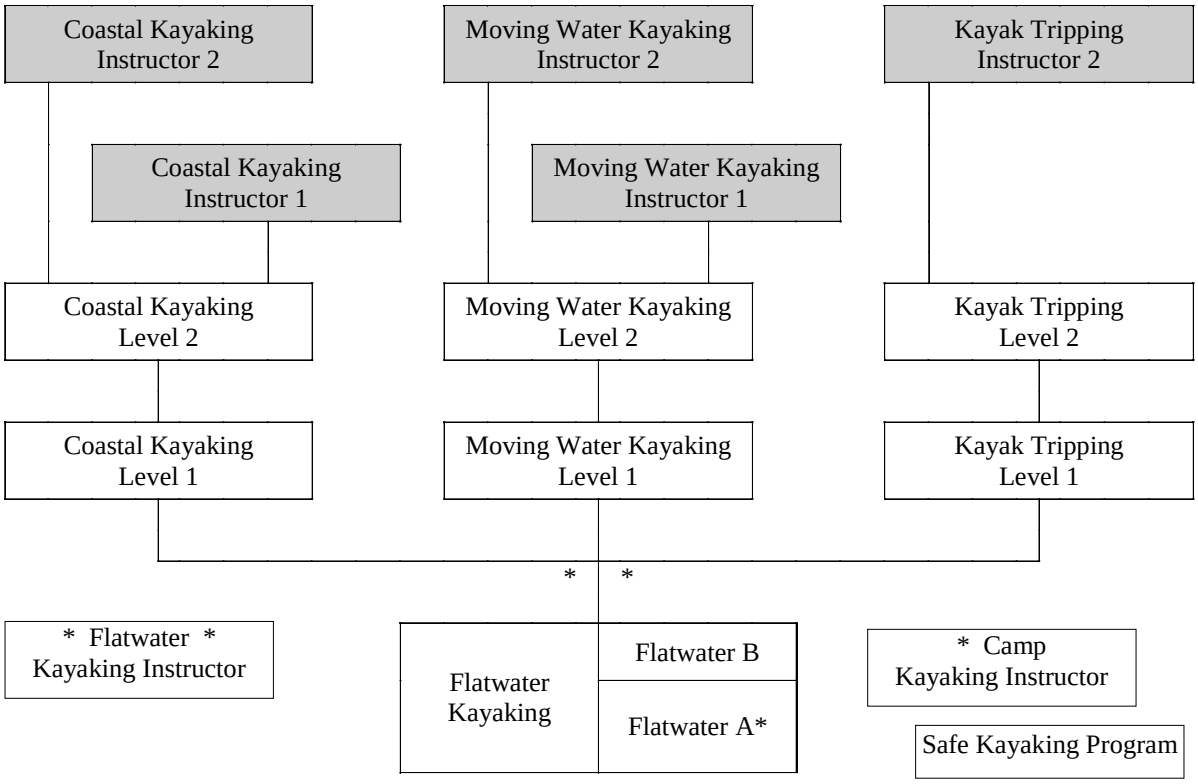ORCKA Kayaking Program Progression