



Canadian Style Paddling Level 2 (solo)	
Canadian Style Paddling Level 2 builds upon the techniques and skills in Level 1 and apply them to paddling the solo canoe. Upon successful completion of this course the canoeist will be competent in repeatedly conducting standard Canadian Style Paddling manoeuvres in a solo canoe	
Overview Of Canadian Style Paddling Level 2 (solo)	
Prerequisites	
ORCKA Canadian Style Paddling Level 1, equivalent certification or comparable skills and experience (with the permission of the course Director).	
Minimum Course Length	
12 hours	
<p style="text-align: center;">Safety</p> <p style="text-align: center;">Swimming Self rescue Canoe over canoe rescue</p> <p style="text-align: center;">Theory</p> <p style="text-align: center;">Canoe design and construction Canoeing dynamics</p>	<p style="text-align: center;">Skills</p> <p style="text-align: center;">Pivots Sideward displacement Circles Reverse and forward straight lines Landings Portaging</p>